

Protection with a flick of the wrist: How to properly disinfect your hands



1 Pour the disinfectant (approx. 3 ml) into your cupped hand

Caution: Your hands need to be dry, otherwise you will dilute the disinfectant and impair its effect.



2 Palm to back of hand

Rub the damp palm of your hand over the back of the other hand five times – also go between the fingers.



3 Palm to palm

Rub the damp palms against each other five times – with interlocked fingers.



4 Hook hands

Rub the outside of your fingers into the palm of the opposite hand.



5 Time for the thumb

Grasp it firmly with the other hand and rub it.



6 Finally, the fingertips

Put your fingertips together and rub them in the palm of the other hand in circles. Allow a contact time of **30 seconds**.



You can find more hygiene tips at satino-by-wepa.eu or simply scan the QR code!